



DIRECTLY OBSERVED THERAPY (*D.O.T.*) Program

Treatment is the only way to cure your disease and help keep TB from spreading to others. We want to help you recover as quickly as possible. DOT is used by TB Programs throughout the United States and around the world.

This program is free and starts with a visit from a Public Health Nurse. The nurse will:

- answer questions about TB and about your treatment.
- bring your TB medication in a locked orange box that will stay in your home.
- discuss possible medication problems.
- help arrange transportation to appointments with your doctor. You will also have regular meetings with a trained Outreach Worker. It is important to choose a time and place for these meetings that works for you so that you will not miss any meetings. It is the Outreach Worker's job to be present when you take your medicine.

Call your medical provider if you are having any side effects from your TB medicine.

You may qualify for Medi-Cal benefits. People with TB infection or TB disease may also qualify for TB-Cal. To find out about your eligibility and to request an information packet and application, please call 1-858-514-6885. Collect calls are accepted.